



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF IMUS CITY

January 28, 2021

DIVISION MEMORANDUM

No. 37, s. 2021

17th National Dental Health Month Celebration

To: OIC – Assistant Schools Division Superintendent

CID Chief

OIC – SGOD Chief

School Heads/ TICs/ OICs (Public Elementary, Integrated, JHS and SHS)

All Others Concerned

1. Pursuant to Presidential Proclamation No. 559 dated February 24, 2004, this Office through the School Governance and Operation Division (SGOD) - School Health and Nutrition Section - (SHNS) will celebrate the 17th National Dental Health Month with the theme “Brush at Floss kontra Tooth Loss” on February 1-28, 2021.
2. The celebration aims to:
 - a. ensure the maintenance of good oral health of the learners amidst pandemic;
 - b. strengthen public awareness on the importance of good oral health;
 - c. deliver information on improving the oral health condition and nutrition of all learners; and
 - d. demonstrate the proper brushing technique.
3. In connection with the said celebration, schools are encouraged to conduct the following activities:
 - a. oral health awareness by reinforcing the home Toothbrushing Drill Activity and
 - b. oral health education through online classroom health talks, film showing, quiz bee and other related activities that will promote oral health care among learners through interactive activities.
3. More over, this Office also informs the field of the distribution of Hygiene Kits to all public elementary and integrated schools at Gov. DM Camerino Integrated School on February 2-3, 2021.
4. Please see attachment for the allocation per school and schedule of distribution and copy of health practices to be printed and attached to each hygiene kit before distribution. Expenses on reproduction of health practices can be charged against the school MOOE.



Address: Toolong I-C, Imus City, Cavite
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Email Address: imus.city@deped.gov.ph
Website: www.depedimuscity.com
Facebook Page: @sdoimuscity



AJA18-0156

5. Soft copies of the documentation of activities undertaken shall be submitted to sgod.medical@deped.gov.ph on or before March 5, 2021 and shall include the following:
 - list of pupils who received the hygiene kits,
 - photos of distribution,
 - record/photos of actual usage of the hygiene kit , and
 - narrative report on the celebration of the 17th National Dental Health Month with photos.
6. For inquiries and clarifications, please contact Dr. Marife R. Grossman at School Governance Operation Division (SGOD)-School Health and Nutrition Unit (SHNU) at (046) 419-8450 / 471- 1134 loc.225.
7. Immediate dissemination of and strict compliance with this Memorandum is earnestly desired.


ROSEMARIE D. TORRES, CESO V
Schools Division Superintendent, 

Encl.: As stated
Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
CELEBRATION
LEARNERS

Enclosure No.1 to Division Memorandum No. 37, s. 2021

Gabay sa Tamang Pagsisipilyo ng Ngipin

TOOTH DECAY. HINDI OKAY.

PITONG GABAY

SA TAMANG PAGSISIPILYO

- 1** TINGNAN KUNG TAMA ANG FLUORIDE CONTENT NG TOOTHPASTE NA GAMIT MO.

6 MOS.-3 YEARS OLD: 100ppm	4 YEARS OLD PATAAS: 150ppm
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ToothPaste **1500ppm**
- 2** MAGLAGAY NG TAMANG DAMI NG TOOTHPASTE SA SIPILYO.

6 MOS.-3 YEARS OLD: BAHID	4-6 YEARS OLD: GA MAIS	7 YEARS OLD PATAAS: BUONG TOOTHRUSH HEAD
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- 3** SIPILYUHIN ANG NGIPIN NANG PAIKUT-IKOT.
- 4** MAOSIPILYO NG DALAWANG MINUTO

2
MINUTO
- 5** PAGKATAPOS MAGSIPILYO, HUWAG MAGMUMOG, DUMURA LAMANG
- 6** MAGSIPILYO SA LIMAGA AT GABI
- 7** MAGSIPILYO BAGO MATULOG SA GABI. PAGKATAPOS NITO, HUWAG NANG KUMAIN O UMINOM NG GATAS.

KAIN → SIPILYO → TULOG

PAALALA MULA SA PHILIPPINE DENTAL ASSOCIATION

Para sa karagdagang impormasyon, bumisita sa inyong DENTISTA O BARANGAY HEALTH CENTER

Enclosure 2 Gabay sa Tamang Paghuhugas ng Kamay

Tamang Paraan ng Paghuhugas ng Kamay

- 1** Basain ng tubig ang mga kamay at sabunin.
- 2** Sabunin ang mga palad.
- 3** Sabunin ang likod ng mga kamay.
- 4** Kuskusin ang mga pagitan ng daliri
- 5** Kuskusin ang mga kuko.
- 6** Kuskusin ang pagitan ng mga hinlalaki.
- 7** Kuskusin ng paikot ang mga dulo ng mga daliri sa magkabilang palad.
- 8** Banlawang mabuti sa malinis na tubig at patuyuin ang mga kamay gamit ang single-use towel.

Proteksiyonan ang sarili laban sa novel coronavirus (2019-nCoV)!



8211-1082



DOH@DOH.gov.ph
doh.gov.ph

Enclosure No.2 to Division Memorandum No. 37,s. 2021

Allocation and schedule of distribution:

SCHOOL	ALLOCATION No. of Kits	SCHEDULE
		February 2, 2021
1. Alapan I ES	3000	9:00 AM – 12:00 PM
2. Alapan II ES	1350	
3. Anabu I ES	1100	
4. Anabu II ES	2100	
5. Bayan Luma I ES	1200	
6. Bayan Luma II ES	800	
7. Buhay na Tubig ES	2300	1:00 PM – 5:00 PM
8. BNT Maharlika ES	1077	
9. Bukandala ES	3900	
10. Carsadang Bago ES	1400	
11. Cayetano Topacio ES	700	
12. E. Villanueva ES	300	
		February 3, 2021
13. Gov. DM Camerino IS	1900	9:00 AM – 12:00 PM
14. Imus Pilot ES	3600	
15. Malagasang I ES	2700	
16. Malagasang II ES	5000	
17. Malagasang III ES	1090	
18. Palico ES	1640	
19. Pasong Buaya I ES	260	1:00 PM – 5:00 PM
20. Pasong Buaya II ES	1230	
21. Pasong Buaya III ES	700	
22. Pasong Santol ES	900	
23. PS Golden City ES	743	
24. Tanzang Luma ES	900	
25. Tinabunan ES	1300	
26. Toclong ES	550	